

# THE FORUM

AT RANCHO SAN ANTONIO

## Program Calendar

### JULY 2025





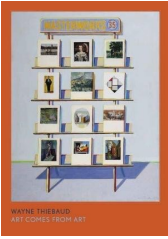

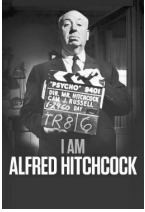






#### Recurring Weekly Events

Saturday	Sunday	Tuesday
7:30am - Walking/Hiking Group (LL) 9:00am - Short Circuit - Bone Density (SR) 9:30am - Qi Gong w/ Patrick (SR) 10:00am - Stretch & Balance w/Marnie (SR) 11:00am - Happy Hounds Play Day (DP) 11:15am - Aqua Fitness (SP) 2:00pm - No Host Knitting Group (LR)	7:30am - Walking/Hiking Group (LL) 9:30am - Qi Gong w/ Patrick (SR) 10:00am - Protestant Service (HCC) 10:00am - Catholic Mass (HCC) 2:00pm - Ping Pong (ACR)  <b>Monday</b> 7:30am - Walking/Hiking Group (LL) 8:00am & 8:45am - Sit and Be Fit w/ Brian (SR) 10:00am - Monday Morning Sewing (ACR) 1:15pm - Safeway Shopping (LL/UL) 4:30pm - Leisure Night (SR)	7:30am - Walking/Hiking Group (LL) 8:45am - Zumba w/ Noriko (SR) 9:30am - Mat Pilates w/ Marnie (SR) 11:00am - Meditation - Resident Led (CFR) 11:15am - Aqua Fitness (SP) 1:00pm - Chorus Practice (SR) 1:15pm - Trader Joe's (LL/UL) 2:30pm - Taiko Drumming w/Ed Cohen (FC) 3:30pm - Taiko Drumming w/Ed Cohen (FC)
Wednesday	Thursday	Friday
7:30am - Walking/Hiking Group (LL) 8:00am - Sit and Be Fit© w/ Brian (SR) 8:45am - Mat Pilates w/ Marnie (SR) 9:30am - Qi Gong w/ Patrick (SR) 1:00pm - Duplicate Bridge (LOU) 3:30pm - Core & More w/ Marnie (FC)	7:30am - Walking/Hiking Group (LL) 10:00am - Short Circuit w/ Marnie (FC) 11:15am - Aqua Fitness (SP) 11:30am - Mat Yoga w/ Ellen (ACR) 12:45pm - Chair Yoga w/ Ellen (ACR) 1:15pm - *Rotating Shopping* (LL/UL)	7:30am - Walking/Hiking Group (LL) 8:00am - Sit and Be Fit© w/ Brian (SR) 8:45am - Sit and Be Fit© w/ Brian (SR) 9:30am - Mat Pilates w/ Marnie (SR) 12:00pm - Rosary Prayers (LR) 1:00pm - Spanish Conversation (CFR) 1:00pm - Caregiver Support Group (LR) 2:00pm - CVS Pharmacy (LL) 3:30pm - Core & More w/ Marnie (FC)

#### Location Key

<b>ACR:</b> Arts & Crafts Room	<b>FC:</b> Fitness Center	<b>PL:</b> Parking Lot
<b>CB:</b> Community Building	<b>GAME RM:</b> Game Room	<b>PP:</b> Pool Patio
<b>CFR:</b> Conference Room	<b>GR:</b> Green Room	<b>SP:</b> Swimming Pool
<b>CS:</b> Country Store	<b>HCC:</b> Health Care Center	<b>SR:</b> Sierra Room
<b>DR:</b> Dining Room	<b>LL:</b> Lower Lobby	<b>TR:</b> Training Room
<b>DRP:</b> Dining Room Patio	<b>LOU:</b> Lounge	<b>UL:</b> Upper Lobby
<b>DRO:</b> Doctor's Office	<b>LR:</b> Living Room	<b>ULA:</b> Upper Landing (Dining Room)
<b>DP:</b> Dog Park	<b>PDR:</b> Private Dining Room	<b>WC:</b> Wellness Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> <b>6:30 TRANSPORTATION for Theatre Works 2024-2025 Season Subscription (LL)</b>  <b>7:30 Film Comm. Movie:</b> Air Force Elite: Thunderbirds (SR)	<b>2</b> <b>9:30 Finance Comm. (ACR)</b> <b>11:00 Nancy's Chat (SR/Live)</b> <b>5:45 Lee Allen on piano (ULA)</b>	<b>3</b> <b>10:00 Food Comm. (GR)</b> <b>2:00 Drop-in Clinic for Easy Tech Help (LOU)</b>	<b>4</b> <b>11:00 4th of July Buffet (DR)</b> <b>11:30 Jess Bautista on Saxophone (ULA)</b> 	
<b>6</b> <b>10:15 Zorba the Greek Line Dance (SR)</b>	<b>7</b> <b>1:30 Library Acquisition Comm. (CFR)</b> <b>3:00 Sustainability Committee (CFR)</b> <b>7:00 Team Trivia Challenge (LOU)</b>	<b>8</b> <b>9:00 Woodshop Comm. (CFR)</b> <b>10:00 Country Store/Steering Committee (CFR)</b> <b>10:00 Landscape Committee (LR)</b> <b>7:30 Film Comm. Movie:</b> One Chance (SR) 	<b>9</b> <b>11:00 Townhall (SR/Live)</b> <b>5:00 COMBINED!! July &amp; August Resident Birthday Dinner (SR)</b> 	<b>10</b> <b>10:00 Wayne Thiebaud: Art Comes from Art at the Legion of Honor (LL)</b>  <b>2:00 Film Comm. (CFR)</b> <b>2:30 N/E Line Dancing (SR)</b> <b>3:30 Architectural Review Comm. (CFR)</b> <b>7:30 Sonata for Seniors with Ethan Li and friends (SR)</b>	<b>11</b> <b>11:00 All About Authors with Darwin (SR)</b> <b>2:00 Technology Education Comm. (ACR)</b> <b>2:00 Good Grief (SR)</b> <b>4:30 ART GALLERY:</b> Watercolors by Sally Broberg and Gretchen Sand (SR) 	<b>12</b>
<b>13</b>	<b>14</b> <b>11:00 Revolutionizing Fitness: The Ethereal VR-Driven Fitness System presented by Scott Summit, founder of Ethereal Matter, Inc. (SR)</b> <b>11:45 Book Mobile (PL)</b> <b>1:00 Ambiance Comm. (CFR)</b>	<b>15</b> <b>3:30 Wellness Committee (CFR)</b> <b>7:30 Film Comm. Movie:</b> I am Alfred Hitchcock (SR) 	<b>16</b> <b>10:00 Programs Comm. (CFR)</b> <b>5:45 Lee Allen on piano (ULA)</b> <b>6:30 Stanford Jazz Festival - Ruth Davies' Blues Night with Chris Cain (LL)</b> 	<b>17</b>	<b>18</b> <b>7:30 Readers Theatre presents: "FOUR ONE-ACT COMEDIES" (SR)</b> 	<b>19</b> <b>7:30 Readers Theatre presents: "FOUR ONE-ACT COMEDIES" (SR)</b>
<b>20</b> <b>10:15 Zorba the Greek Line Dance (SR)</b>	<b>21</b> <b>11:00 POLST &amp; Advanced Directive Topics (SR)</b> <b>7:00 Team Trivia Challenge (LOU)</b>	<b>22</b> <b>11:00 Christ Episcopal Church Communion Service (HCCGR)</b> <b>11:00 Joss Lee, Magician &amp; Educator presents Hidden Tools of Warfare (SR)</b> <b>2:00 Library Committee (CFR)</b> <b>7:30 Film Comm. Movie:</b> ABBA: Against All Odds (SR)	<b>23</b> <b>10:00 Hong Kong East Ocean Seafood Restaurant - Jaunt Outing (LL)</b> <b>11:00 NEW!! AROUND THE WORLD Cooking Demo Series: Tamales w/ Dante &amp; Esmeralda (SR)</b> <b>2:00 NEW!! AROUND THE WORLD Cooking Demo Series: Tamales w/ Dante &amp; Esmeralda (SR)</b>	<b>24</b> <b>10:00 RHC Open Meeting (SR/Live)</b> <b>2:30 NYE Line Dancing (SR)</b> <b>3:30 Architectural Review Comm. (CFR)</b>	<b>25</b> <b>7:15 "The Drowsy Chaperone - A Musical Within a Comedy" (LL)</b> 	<b>26</b> <b>7:30 Ian Scarfe and the Trinity Alps Festival Trio (SR)</b>
<b>27</b> <b>7:30 JCIG presents "Between the Temples" (SR)</b> 	<b>28</b> <b>11:00 Paso Robles Overnight Trip - Info Session (SR)</b> <b>11:45 Book Mobile (PL)</b>	<b>29</b> <b>11:00 Resident Council OPEN Meeting (SR)</b> <b>7:30 Film Comm. Movie:</b> Nonnas (SR)	<b>30</b> <b>11:00 Ted Ray, L.Ac., founder of Peninsula Acupuncture (MV)</b> <b>Presents: Acupuncture for Stenosis &amp; Arthritis: A Comprehensive Approach to Pain Management (SR)</b> <b>6:30 Broadway San Jose presents MJ (LL)</b>	<b>31</b> <b>11:00 Luau Buffet (DR)</b> <b>2:30 Wesley Ukulele Band &amp; Hula Performers (SR)</b> 		