







Program Calendar

MAY 2025



Recurring Weekly Events		
<div><div>Saturday</div><div>7:30am - Walking/Hiking Group (LL) 9:00am - Short Circuit - Bone Density(SR) 9:30am - Qi Gong w/ Patrick (SR) 10:00am - Stretch & Balance w/Marnie (SR) 11:00am - Happy Hounds Play Day (DP) 12:15pm - Posture & Balance w/ Marni (FC) 1:00pm - Soft Foam Rolling (LR) 2:00pm - Tai Chi w/ Marnie (FC)</div></div>	<div><div>Sunday</div><div>7:30am - Walking/Hiking Group (LL) 9:30am - Qi Gong w/ Patrick (SR) 10:00am - Protestant Service (HCC) 10:00am – Catholic Mass (HCC) 2:00pm - Ping Pong (ACR)</div><div><div>Monday</div><div>7:30am - Walking/Hiking Group (LL) 8:00am & 8:45am - Sit and Be Fit® w/ Brian (SR) 10:00am - Monday Morning Sewing (ACR) 1:15pm - Safeway Shopping (LL/UL) 4:30pm - Leisure Night (SR)</div></div></div>	<div><div>Tuesday</div><div>7:30am - Walking/Hiking Group (LL) 8:45am - Zumba w/ Noriko (SR) 9:30am - Back & Abs w/ Marnie (SR) 11:00am - Meditation - Resident Led (CFR) 12:15pm - Posture & Balance w/Marnie (FC) 1:00pm - Chorus Practice (SR) 1:15pm - Trader Joe's (LL/UL) 2:00pm - Water Fitness (SP) 2:30pm - Taiko Drumming w/Ed Cohen (FC) 3:00pm - Happy Hands, Happy Feet (ACR) 3:30pm - Taiko Drumming w/Ed Cohen (FC)</div></div>
<div><div>Wednesday</div><div>7:30am - Walking/Hiking Group (LL) 8:00am - Sit and Be Fit© w/ Brian (SR) 8:45am - Back & Abs w/ Marnie (SR) 9:30am - Qi Gong w/ Patrick (SR) 11:30am - VST Balance (FC) 12:15pm - Posture & Balancew/Marnie(FC) 1:00pm - Duplicate Bridge (LOU) 3:30pm - Core & More w/ Marnie (FC)</div></div>	<div><div>Thursday</div><div>7:30am - Walking/Hiking Group (LL) 11:15am - Water Fitness (SP) 11:30am - Mat Yoga w/ Ellen (ACR) 12:15pm - Posture & Balance w/ Marnie (FC) 12:45pm - Chair Yoga w/ Ellen (ACR) 1:15pm - <i>*Rotating Shopping*</i> (LL/UL) 3:30pm - Short Circuit w/ Marnie (FC)</div></div>	<div><div>Friday</div><div>7:30am - Walking/Hiking Group (LL) 8:00am - Sit and Be Fit© w/ Brian (SR) 8:45am - Sit and Be Fit© w/ Brian (SR) 9:30am - Back & Abs w/ Marnie (SR) 10:30am - Walking with Walking Sticks (FC) 12:00pm - Rosary Prayers (LR) 12:15pm - Posture & Balance w/Marnie (FC) 1:00pm - Spanish Conversation (CFR) 1:00pm - Caregiver Support Group (LR) 2:00pm - Rite Aid Pharmacy (LL) 3:30pm - Core & More w/ Marnie (FC)</div></div>
Location Key		
ACR: Arts & Crafts Room	FC: Fitness Center	PL: Parking Lot
CB: Community Building	GAME RM: Game Room	PP: Pool Patio
CFR: Conference Room	GR: Green Room	SP: Swimming Pool
CS: Country Store	HCC: Health Care Center	SR: Sierra Room
DR: Dining Room	LL: Lower Lobby	TR: Training Room
DRP: Dining Room Patio	LOU: Lounge	UL: Upper Lobby
DRO: Doctor's Office	LR: Living Room	ULA: Upper Landing (Dining Room)
DP: Dog Park	PDR: Private Dining Room	WC: Wellness Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				<div>10:00 Food Comm. (GR)</div> <div>10:00 Arbitration Clause ~ Contract Amendement Information Session (SR)</div> <div>10:30 Jewelry Sale (ACR)</div> <div>2:00 Drop-in Clinic for Easy Tech Help (LOU)</div>	<div>9:30/10:00 Visit the Rancho San Antonio Farm (LL)</div> <div>11:00 All About Authors with Darwin featuring F. Scott Fitzgerald's Early Stories (SR)</div> <div>2:00 Good Grief (SR)</div>	
4	5	6	7	8	9	10
	<div>1:30 Library Acquisition Comm. (CFR)</div> <div>3:00 Sustainability Committee (CFR)</div> <div>4:30 Mariachi Estelar (PP)</div> <div>7:00 Team Trivia Challenge (LOU)</div>	<div>9:15 Transportation to Morning Forum of Los Altos (LL)</div>	<div>9:30 Finance Comm. (ACR)</div> <div>11:00 Nancy's Chat (SR/Live)</div> <div>11:30 Mamma Mia! at the Orpheum Theater (LL)</div> <div></div> <div>5:45 Lee Allen on piano (ULA)</div>	<div>10:00 Meet the candidates (SR)</div> <div>2:00 Film Comm. (CFR)</div> <div>3:30 Architectural Review Comm. (CFR)</div>	<div>11:00 Parkinson's Support Group (ACR)</div> <div>2:00 Technology Education Comm. (ACR)</div> <div>4:30 ART GALLERY - PHOTOGRAPHY by PEGGY D'ARDENNE (SR)</div> <div></div> <div>6:30 San Jose Symphony: The Planets (LL)</div>	
11	12	13	14	15	16	17
<div>11:30 Jesse Bautista on the saxophone (ULA)</div> <div>1:45 California Pops Orchestra presents Big Band SWING! (LL)</div> <div></div>	<div>11:45 Book Mobile (PL)</div> <div>1:00 Ambiance Comm. (CFR)</div> <div>7:00 Bingo Night (LOU)</div>	<div>9:00 Woodshop Comm. (CFR)</div> <div>10:00 Country Store/ Steering Committee (CFR)</div> <div>10:00 Landscape Committee (LR)</div> <div>11:00 Healthy Aging in Place in Independent Living (SR)</div>	<div>11:00 Townhall (SR/Live)</div> <div>5:00 COMBINED!! May & June Resident Birthday Dinner (SR)</div> <div></div>	<div>10:00 Arbitration Clause ~ Contract Amendement Information Session (SR)</div>	<div>4:00 New Resident Reception (SR)</div> <div></div> <div>7:30 Shiori & Maryam Present: Joint Piano Concert from Baroque to Contemporary (SR)</div>	
18	19	20	21	22	23	24
	<div>7:00 Team Trivia Challenge (LOU)</div>	<div>9:15 Transportation to Morning Forum of Los Altos (LL)</div> <div>11:00 "Navigating a Sustainable Future" speaker series 🌍 "It's not just the Polar Bears - Your Health & Climate Change" (LL)</div> <div>3:30 Wellness Committee (CFR)</div>	<div>5:45 Lee Allen on piano (ULA)</div> <div>7:30 "Bharatnatyam" - An Indian classical dance performance by Samhitha Bellamkonda (SR)</div> <div></div>	<div>2:30 NYE Line Dancing "Criminals" (SR)</div> <div></div> <div>3:30 Architectural Review Comm. (CFR)</div>		<div>1:30 Performance by the Aurora Singers (SR)</div>
25	26	27	28	29	30	31
	<div>10:00 Memorial Day Ceremony (PL)</div> <div></div> <div>11:45 Book Mobile (PL)</div>	<div>11:00 Resident Council OPEN Meeting (SR)</div> <div>11:00 Christ Episcopal Church Communion Service (HCC-GR)</div> <div>2:00 Library Committee (CFR)</div>	<div>11:00 Lunch at Margaritaville Restaurant in Capitola (LL)</div> <div>11:00 Tamales w/ Dante & Esmeralda (SR)</div> <div>1:00 Tamales w/ Dante & Esmeralda (SR)</div> <div>7:00 Karaoke Night with Mimi (SR)</div> <div></div>	<div>10:00 RHC Open Meeting (SR/Live)</div> <div>2:30 NYE Line Dancing "Criminals" (SR)</div>	<div>7:30 MODERN JAZZ DIGS THE CLASSICS with Denny Berthiaume (piano) and Chuck Bennett (bass) (SR)</div> <div></div>	