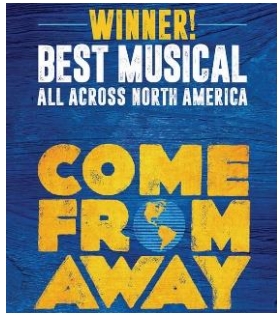


Week of 11/24/2024 - 11/30/2024

SUNDAY, Nov 24

- 10:00 Protestant Service (HCC)
- 10:30 Christ Episcopal Church (Zoom)
- 11:00 Ping Pong (ACR)
- 12:00 **Come From Away at Broadway San Jose (LL)**



MONDAY, Nov 25

- 8:00 & 8:45 Sit & Be Fit w/ Brian (SR)
- 9:30 Stretch & Balance w/ Marnie (SR)
- 10:00 Monday Morning Sewing (ACR)
- 11:00 The Pumpkins, a group of 7-15-year-olds (SR)
- 11:45 Book Mobile (PL)
- 12:15 Posture & Balance (FC)
- 1:00 Resident Council Board Meeting (CFR)
- 1:15 **Safeway Shopping (LL/UL)**
- 2:00 Water Fitness (PP)
- 4:30 Leisure Night (SR)
- 7:00 Bingo Night (LOU)

TUESDAY, Nov 26

- 8:45 Zumba w/ Noriko (SR)
- 9:30 Back & Abs w/ Marnie (SR)
- 11:00 Meditation Group - resident led (CFR)
- 11:00 Resident Council OPEN Meeting (SR/Ch.8)
- 11:00 Hearing Loss in Seniors by Kenneth Peters (SR)
- 11:00 Christ Episcopal Church Communion Service (AL-GR)
- 11:30 Alpha (GR)
- 12:15 Posture & Balance (FC)
- 1:00 Forum Chorus (SR)
- 1:15 **Trader Joe's (LL/UL)**
- 2:00 Library Committee (CFR)
- 3:30 Happy Hands, Happy Feet (ACR)
- 7:30 Film Comm. Movie: Rez Ball (SR)

WEDNESDAY, Nov 27

- 8:00 Sit & Be Fit w/ Brian (SR)
- 8:45 Back & Abs w/ Marnie (SR)
- 12:15 Posture & Balance (FC)
- 1:00 Caregiver Support Group (LR)
- 3:30 Seated Core & More (PP)
- 7:30 An Evening of Klezmer with Asaf Ophir & Zina Pozen (SR)



THURSDAY, Nov 28

HAPPY THANKSGIVING!

FITNESS CLASSES TODAY ARE CANCELED

TRANSPORTATION DEPARTMENT IS CLOSED

- ~~10:00 RHC Open Meeting (SR/ch8/Live)~~
- 11:00 **Thanksgiving Buffet (DR)**
- 12:00 Gail on the Flute (UL)
- ~~1:15 Target (LL/UL)~~
- ~~3:30 Architectural Review Comm. (CFR)~~



FRIDAY, Nov 29

- 8:00 & 8:45 Sit & Be Fit w/ Brian (SR)
- 9:30 Back & Abs w/ Marnie (SR)
- 10:00 Walking with Walking Sticks (FC)
- 11:30 VST Balance Screening (By Appointment)
- 12:00 Rosary Prayers (LR)
- 12:15 Posture & Balance (FC)
- 1:00 Spanish Conversation (CFR)
- 2:00 **Rite Aid Pharmacy (LL/UL)**
- 3:30 Seated Core & More (PP)

SATURDAY, Nov 30

- 11:00 Happy Hounds Play Day (DP)
- 2:00 No Host Knitting Group (LR)

*** Walking/Hiking Group meets EVERYDAY at 7:30 AM in the Lower Lobby**

JUST AROUND THE CORNER...SAVE THE DATE!...

Bel Canto Flutes

Sunday, December 1, 2:00pm in the Sierra Room.

Bel Canto Flutes, with resident Alice Davis, led by Gail Edwards, presents a concert of music playing traditional holiday melodies along with some classical favorites.

Forum Charitable Fund presents:

FUN WITH TOYS & PATENTS by residents Sally & Howard Peters

Monday, December 2, 11:00am in the Sierra Room.

The Holidays are coming. Come explore the fun and nostalgia of some of our favorite toys that were once patented by the U.S. government.

What Is AI and How Do We Use it? Sponsored by the Forum Charitable Fund

Tuesday, December 3, 11:00am in the Sierra Room.

Explore the fascinating world of Artificial Intelligence, how it works, how it's changing our lives, and how to navigate this new technology landscape with confidence.

Chico's Fashion Show

Wednesday, December 4, 3:00pm in the Sierra Room.

Join us in featuring our Forum residents as they model the latest styles in a curated collection of chic, unique women's clothing, jewelry, and accessories.

CLASSICAL MEETS JAZZ

Ian Scarfe with special guest: GRAMMY award winning violinist MADS TOLLING

Wednesday, December 4, 7:30pm in the Sierra Room.

From Classical to Jazz, explore favorite romantic works by Fritz Kreisler and Edvard Grieg, old standards from the Great American Songbook, and even original compositions!

Christmas Sing-along sponsored by Alpha

Thursday, December 5, 5:00pm in the Sierra Room.

After a sumptuous meal, Sarah Duarte will "Kick Off" the Christmas Season by leading us in our favorite carols. **Must Sign-Up in Cubigo by December 2.**

Forum Resident Appreciation

Friday, December 6, 2:00pm in the Sierra Room.

Join us on this special gathering and hear team members give thanks to our residents for their generosity in contributing to the Residents' Appreciation Fund.

Nutcracker Ballet featuring resident David Sloss, Fremont Opera Orchestra Conductor

Saturday, December 7, leaving the Lower Lobby at 12:45pm

Fremont Opera and Yoko's Academy of Dance & Performing Arts join forces to bring you the Nutcracker Ballet. **Must Sign-Up in Cubigo**

Holiday Home Tour

Sunday, December 8, leaving the Lower Lobby at 10:00am & 3:00pm

Enjoy cookies & refreshments, pick up map & booties, then Tour 13 homes: 5 Villas and 8 Apartments. Transportation provided for the villas. **Must Sign-Up in Cubigo**

Holiday Shopping at Stanford Shopping Center

Monday, December 9, leaving the Lower Lobby at 10:00am (NO ESCORT)

Enjoy a day of leisurely strolling through upscale boutiques, indulging in delectable cuisine in a vibrant atmosphere. **Must Sign-Up in Cubigo by December 2.**

Willow Glen Christmas Lights Tour

Tuesday, December 10, leaving the Lower Lobby at 7:00pm

Let's go for a drive through Willow Glen neighborhoods and dive into the holiday atmosphere. **Must Sign-Up in Cubigo by December 2.**