

# Health & Wellness Fair '24



**Saturday, November 9**

10:00 a.m. – 2:00 p.m.

## The Forum at Rancho San Antonio

23500 Cristo Rey Drive  
Cupertino, CA 95014

Our annual event is back!

Join us for more than 50 displays featuring information, resources and demonstrations focused on a healthy lifestyle for seniors.

- ✓ Health and wellness screenings
- ✓ Farmer's Market
- ✓ Fitness demonstrations
- ✓ Financial and real estate experts
- ✓ Giveaways and raffle prizes
- ✓ Cooking demo by The Forum's executive chef

**PLUS:**



### Live music by the Peter Cor Trio

Led by Grammy-nominated pianist and composer Peter Cor, this dynamic group plays lively tunes inspired by jazz, funk, hip hop and everything in between.



### Don't miss the Chef vs. Chef Chop Competition.

Watch Chef Abbie and Executive Chef Eddie go head-to-head in a heated culinary battle.



**THE FORUM**  
AT RANCHO SAN ANTONIO

650-646-2553 | [theforum-seniorliving.com](http://theforum-seniorliving.com)



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