

Week of 4/21/2024 - 4/27/2024

SUNDAY, Apr 21

- 7:30 Walking/Hiking Group (LL)
- 10:00 Protestant Service (HCC)
- 10:30 Christ Episcopal Church (Zoom)
- 11:00 Ping Pong (ACR)
- 2:00 The Story Behind the Clothes, Part Trois (SR)



MONDAY, Apr 22

- 7:30 Walking/Hiking Group (LL)
- 8:00 & 8:45 Sit & Be Fit w/ Brian (SR)
- 9:30 Stretch & Balance w/ Marnie (SR)
- 10:00 Monday Morning Sewing (ACR)
- 10:00 Caregiver Support Group (LR)
- 11:45 Book Mobile (PL)
- 12:00 & 12:30 Posture & Balance (FC)
- 1:15 Safeway Shopping (LL/UL)
- 1:15 Water Fitness (SP)
- 4:30 Leisure Night (SR)

TUESDAY, Apr 23

- 7:30 Walking/Hiking Group (LL)
- 8:00 Tai Chi w/ Bobbie (SR)
- 8:45 Zumba w/ Noriko (SR)
- 9:30 Back & Abs w/ Marnie (SR)
- 11:00 Meditation Group - resident led (CFR)
- 11:00 Christ Episcopal Communion Service (HCC)
- 11:00 RHC/RSI Special Board Meeting (SR/Ch.8)
- 12:00 & 12:30 Posture & Balance (FC)
- 1:00 Forum Chorus (GR)
- 1:15 Trader Joe's (LL/UL)
- 1:15 Water Fitness (SP)
- 2:00 Library Committee (CFR)
- 3:00 Current Events w/Ken Peterson (Zoom)
- 3:30 Short Circuit (FC)
- 5:00 Passover Seder Dinner (SR)

WEDNESDAY, Apr 24

- 7:30 Walking/Hiking Group (LL)
- 8:00 Sit & Be Fit w/ Brian (SR)
- 8:45 Back & Abs w/ Marnie (SR)
- 9:30 RSI Board Meeting (GR)
- 11:30 VST Balance Screening (FC)
- 11:30 Stanford Shopping (LL)
- 12:00 & 12:30 Posture & Balance (FC)
- 12:45 Christian Fellowship (LR)
- 3:00 Happy Hounds Play Day (DP)
- 3:30 Seated Core & More (FC)
- ~~7:00 Karaoke night with Mimi (SR)~~
- 7:30 Peninsula Women's Chorus presents Radiance (SR)

THURSDAY, Apr 25

- 7:30 Walking/Hiking Group (LL)
- 9:30 Qi Gong with Patrick (FC)
- 10:00 RHC Open Meeting (SR/ch8/Live)
- 11:15 Water Exercise w/ Marnie (SP)
- 11:30 Mat Yoga w/ Ellen (ACR)
- 12:00 & 12:30 Posture & Balance (FC)
- 12:45 Chair Yoga w/ Ellen (ACR)
- 1:15 Target (LL/UL)
- 3:30 Short Circuit (FC)
- 3:30 Architectural Review Comm. (CFR)
- 7:00 Duplicate Bridge (SR)

FRIDAY, Apr 26

- 7:30 Walking/Hiking Group (LL)
- 8:00 & 8:45 Sit & Be Fit w/ Brian (SR)
- 9:30 Back & Abs w/ Marnie (SR)
- 10:30 Kitchen Tours - April 26th
- 11:30 VST Balance Screening (FC)
- 12:00 Rosary Prayers (LR)
- 12:00 & 12:30 Posture & Balance (FC)
- 1:00 Spanish Conversation (CFR)
- 1:00 Emergency Preparedness Meeting (SR)
- 2:00 Rite Aid Pharmacy (LL/UL)
- 3:30 Seated Core & More (FC)
- 6:30 California POPS Orchestra (LL)

SATURDAY, Apr 27

- 7:30 Walking/Hiking Group (LL)
- 9:30 Qi Gong with Patrick (PP)
- 11:00 Happy Hounds Play Day (DP)
- 2:00 No Host Knitting Group (LR)

JUST AROUND THE CORNER...SAVE THE DATE!..

**"On Algorithms & Atrocities: Cyber Humanitarian Interventions in 21st Century Conflicts"
presented by Rhiannon Neilsen**

Monday, April 29, 11am in the Sierra Room

Rhiannon Neilsen is the Cyber Security Fellow at the Center for International Security and Cooperation. Her research focuses on new technologies in conflict. At CISAC, she will be working on her project, "Algorithms for Atrocity Prevention," where she argues for using "cyber humanitarian interventions" and online influence operations to protect populations from mass atrocities.

Easy & Fun Art with Elise

Tuesday, April 30, 3:30pm in the Arts & Crafts Room

Unleash your inner artist and embark on a delightful painting journey with our exclusive Step-by-Step painting lessons led by Elise. Elise is a passionate and talented high school volunteer, who is dedicated to serving seniors in our community through her love for art. Limited space.

Sign-Up in Cubigo

"Excursions" with pianist, Ian Scarfe

Wednesday, May 1, 7:30pm in the Sierra Room

A concert of classical piano works that take the listener on a tour around the world.

The musical selections will include works that are inspired by specific landscapes or cities in the world, some even inspired by local folk song and dance. Featuring works by J. S. Bach, Frederic Chopin, Enrique Granados, Edvard Grieg, Bela Bartok, Wolfgang Amadeus Mozart, and Samuel Barber.

Art Gallery: Quilting Journey, The Art of Kimberlie Moutoux (daughter of Marianne Moutoux)

Friday, May 3, 4:30pm in the Sierra Room

The body of work on display in the Sierra Room represents 28 years of quilting from a baby jacket in 1996 to a 9 ft by 6 ft quilt of the migratory paths of 19 raptors on the Pacific Flyway

Cinco De Mayo Celebration

Sunday, May 5, starting at 2:00pm in the Lounge.

Join us for an exciting game of Loteria (Mexican Bingo) in the lounge from 2pm -3pm. Listen to the Mariachi Estelar musicians as they perform out on the Dining Room Patio from 3pm -5pm. Enjoy the complimentary margarita station & nacho buffet in the Bistro.

\$ Cirque Du Soleil KOOZA, Under The Big Top, Santa Clara County Fairgrounds

Sunday, May 19, leaving the Lower Lobby at 12:00pm

Cost: \$83.87 KOOZA is an innovative journey viewed through the perspective of The Innocent, an endearing yet naïve clown looking for his place in the world. A mystery item is delivered to The Innocent one day when he is flying his kite. The self-discovery journey of The Innocent, who is miraculously transferred to a bizarre but exotic world, is followed in KOOZA under the watchful eye of an enigmatic trickster with remarkable abilities. **Must Sign-Up in Cubigo by May 5th.**

\$ San Francisco Giants vs Philadelphia Phillies

Wednesday, May 29, leaving the Lower Lobby at 11:00am

Calling all SF Giants fans! Join us for an afternoon game that starts at 12:45pm. Go Giants!
Tickets: \$42.00 Lunch on your own. **Must Sign-Up in Cubigo by April 29th**

\$ Broadway San Jose presents Peter Pan

Thursday, June 27, leaving the Lower Lobby at 6:00pm

A new adaptation by celebrated playwright Larissa FastHorse. This extraordinary musical features iconic and timeless songs including "I'm Flying", "I Gotta Crow", "I Won't Grow Up" and "Neverland". PETER PAN embraces the child in us all so go on a journey from the second star to the right and straight on 'til morning - your entire family will be Hooked! Tickets: \$69.00 Transportation: \$11.29

Sign-Up in Cubigo by April 25

\$ Transportation for Opera San Jose 2024-2025 Season Subscription

Sunday Matinee Series B: Sept 15, Nov 17, Feb 16, April 20. Leaving the Lower Lobby at 12:30pm
Tickets purchased on your own. Transportation Cost: \$45.16 for ALL 4 shows.

Must Sign-Up in Cubigo