

# February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>ATTENTION:</b> All events are subject to change, please check the weekly Pink Sheet for updates and information Thank You!				1 10:00am Botticelli Drawings Legion of Honor (LL)  10:00am Food Comm. (GR)	2 11:00am All About Authors with Darwin (SR)	3 1:00pm Larson Memorial Ice Cream Social (SR)  7:30pm Joe Ferrara on Guitar (SR)
4	5 1:30pm Library Acquisition Committee (CFR)  3:00pm Sustainability Group (CFR)  7:00pm Team Trivia Challenge (LOU)	6 3:00pm Safety Video (Ch.8)  7:30pm Film Comm. Movie <i>The Burial</i> (2023) (SR)  	7 11:00am Nancy's Chat (SR/Ch.8)  1:30pm Valentine Workshop (SR)  3:30pm Dragon Installation & Ceremony (LL)  5:45pm Lee Allen on Piano (ULA)	8 10:00am *Botticelli Drawings Legion of Honor (*2nd trip) (LL)  2:00pm Film Committee (CFR)  3:30pm Architectural Review Comm. (CFR)  3:30pm Easy & Fun Art w/Elise (ACR)	9 11:00am Presentation: Water, Our Most Precious Resource (SR)  2:00pm Technology Education Comm. (ACR)  Chinese New Year's Eve  	10 <b>Happy Chinese New Year's - Year of the Dragon</b>
11 3:30pm Super Bowl: SF 49's vs Kansas City Chiefs (SR)  	12 11:00am Health Lecture (SR)  11:45am Bookmobile (PL)  1:00pm Ambiance Committee (CFR)  7:00pm Bingo Night (LOU)	13 <b>Happy Mardi Gras!</b> 9:00am Woodshop Comm (CFR)  10:00am Country Store/ Steering Comm (CFR)  10:00am Landscape Comm. (LR)  11:00am Dr. Gloria Hom: Lunar New Year or Spring Festival (SR)  2:00pm Drop-in Clinic for Easy Tech Help (LOU)  5:45pm Peter Cor on Piano (ULA)  7:30pm Film Comm. Movie <i>Crouching Tiger, Hidden Dragon</i> (SR)	14 11:00am Town Hall (SR/Ch.8)  7:30pm Romero Plays Romantics & Rachmaninoff (SR)  	15 5:00pm Grand Dynasty Banquet Dinner (LL)  	16 11:00am Presentation by Tom Myers, Community Services Agency ED (SR)  1:00pm & 3:00pm Chinese Cooking Class w/Nancy & Dante (SR)  	17
18	19 7:00PM Team Trivia Challenge (LOU)  	20 3:00pm Wellness Comm. (CFR)  7:30pm Film Comm. Movie <i>Maestro</i> (2023) (SR)  	21 11:00am Presentation by Humane Society Silicon Valley (SR)  1:00pm Computer History Museum (MV) (LL)  5:00pm Resident Birthday Dinner (SR)  5:45pm Lee Allen on Piano (ULA)	22 10:00am RHC Open Mtg. (SR/Ch.8)  3:30pm Architectural Review Comm. (CFR)	23 11:00 Walter D'Ardenne presents: Climate & Energy Sources (SR)  1:00pm EPC mtg (SR)  7:30pm Marilyn Cooney & Great Songs from the Movies (SR)	24
25	26 11:45am Bookmobile (PL)  	27 2:00pm Library Comm. (CFR)  7:30pm Film Comm. Movie <i>Champions</i> (SR)	28 9:30am RSI Open Mtg. (SR/Ch.8)  1:15pm Christian Fellowship (LR)  7:00pm Karaoke Night w/Mimi (SR)	29 11:00 Los Altos Shopping (LL)  		

Recurring Weekly Events

<b>Saturday</b> 7:30am - Walking/Hiking Group (LL) 11:00am - Happy Hounds Play Day (DP) 2:00pm - No Host Knitting Group (LR)  <b>Sunday</b> 7:30am - Walking/Hiking Group (LL) 10:00am - Protestant Service (HCC) 2:00pm - Ping Pong (ACR)	<b>Monday</b> 7:30am - Walking/Hiking Group (LL) 8:00am - Sit and Be Fit® w/ Brian (SR) 8:45am - Sit and Be Fit® w/ Brian (SR) 9:30am - Stretch & Balance w/Marnie (SR) 10:00am - Monday Morning Sewing (ACR) 12:00pm - Posture & Balance w/Marnie (FC) 12:30pm - Posture & Balance w/Marnie (FC) 1:15pm - Aqua Jogging w/ Marnie (SP) 1:15pm - Safeway Shopping (LL/UL) 4:30pm - Leisure Night (SR)	<b>Tuesday</b> 7:30am - Walking/Hiking Group (LL) 8:00am - Tai Chi w/ Bobbie (SR) 8:45am - Zumba w/ Noriko (SR) 9:30am - Back & Abs w/ Marnie (SR) 11:00am - Meditation - Resident Led (CFR) 12:00pm - Posture & Balance w/Marnie(FC) 12:30pm - Posture & Balance w/Marnie(FC) 1:00pm - Chorus Practice (SR) 1:15pm - Water Aerobics w/Marnie (SP) 1:15pm - Trader Joe's (LL/UL) 3:00pm - Current Events w/Ken (Zoom) 3:30pm - Short Circuit w/Marnie (FC)
<b>Wednesday</b> 7:30am - Walking/Hiking Group (LL) 8:00am - Sit and Be Fit© w/ Brian (SR) 8:45am - Back & Abs w/ Marnie (SR) 11:30am - VST Balance (FC) 12:00pm - Posture & Balancew/Marnie(FC) 12:30pm - Posture & Balancew/Marnie(FC) 3:30pm - Core & More w/ Marnie (FC)	<b>Thursday</b> 7:30am - Walking/Hiking Group (LL) 11:15am - Water Aerobics w/ Marnie (SP) 11:30am - Mat Yoga w/ Ellen (ACR) 12:00pm - Posture & Balance w/Marnie (FC) 12:30pm - Posture & Balance w/Marnie (FC) 12:45pm - Chair Yoga w/ Ellen (ACR) 1:15pm - Lucky Supermarket (LL/UL) 3:30pm - Short Circuit w/Marnie (FC) 7:00pm - Duplicate Bridge (SR)	<b>Friday</b> 7:30am - Walking/Hiking Group (LL) 8:00am - Sit and Be Fit© w/ Brian (SR) 8:45am - Sit and Be Fit© w/ Brian (SR) 9:30am - Back & Abs w/ Marnie (SR) 12:00pm - Posture & Balance w/Marnie(FC) 12:00pm - Rosary Prayers (LR) 12:30pm - Posture & Balance w/Marnie(FC) 1:00pm - Spanish Conversation (LR) 2:00pm - Rite Aid Pharmacy (LL) 3:30pm - Core & More w/Marnie (FC)

Location Key

<b>ACR:</b> Arts & Crafts Room	<b>FC:</b> Fitness Center	<b>PL:</b> Parking Lot
<b>CB:</b> Community Building	<b>GAME RM:</b> Game Room	<b>PP:</b> Pool Patio
<b>CFR:</b> Conference Room	<b>GR:</b> Green Room	<b>SP:</b> Swimming Pool
<b>CS:</b> Country Store	<b>HCC:</b> Health Care Center	<b>SR:</b> Sierra Room
<b>DR:</b> Dining Room	<b>LL:</b> Lower Lobby	<b>TR:</b> Training Room
<b>DRP:</b> Dining Room Patio	<b>LOU:</b> Lounge	<b>UL:</b> Upper Lobby
<b>DRO:</b> Doctor’s Office	<b>LR:</b> Living Room	<b>ULA:</b> Upper Landing (Dining Room)
<b>DP:</b> Dog Park	<b>PDR:</b> Private Dining Room	<b>WC:</b> Wellness Center

Program Calendar  
February 2024

Brief Highlights for the Month:

Receptions:

Larson Memorial Ice Cream Social – February 3  
Superbowl – February 11  
Resident Birthday Dinner - February 21

Lectures:

All About Authors w/Darwin: The Color Purple– February 2  
Water Our Most Precious Resource – February 9  
Health Lecture – February 12  
Dr. Gloria Hom: Lunar New Year or Spring Festival – February 13  
Tom Myers: Community Services Agency ED – February 16  
Humane Society Silicon Valley – February 21  
Walter D’Ardenne: Climate & Energy Sources – February 23

Outings:

Botticelli Drawings: Legion of Honor – February 1 & 8  
Grand Dynasty Banquet Dinner – February 15  
Computer History Museum – February 21  
Los Altos Shopping - February 29

Performances:

Joe Ferrara on Guitar – February 3  
Lee Allen on Piano – February 7 & 21  
Peter Cor on Piano – February 13  
Romero Plays Romantics & Rachmaninoff – February 14  
Marilyn Cooney & Great Songs from the Movies - February 23  
Karaoke Night with Mimi – February 28

New:

Valentine Workshop – February 7  
Dragon Installation & Ceremony – February 7  
Easy & Fun Art w/Elise – February 8  
Chinese Cooking Class – February 16